

**ANXIETY AS REFLECTED IN RAINBOW ROWELL'S *FANGIRL*
NOVEL (2013) : A PSYCHOANALYTIC APPROACH**

RESEARCH PAPER



**Submitted as a Partial Fulfillment of the Requirements
for Getting Bachelor Degree in Department of English Education**

Proposed by :

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MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2020

APPROVAL

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Approved to be Examined by the Consultant

Consultant

A handwritten signature in black ink, appearing to read 'Dewi Candraningrum', followed by a horizontal line.

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ACCEPTANCE

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**Accepted by the Board of Examiner
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On 28 September 2020**

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TESTIMONY

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Here with, I testify that in this research paper and all its content that i submit is my own work and there is no plagiarism of the previous literary work except which are cited in the text which has included in bibliography. I am ready to take full responsibility if in the future there is plagiarism in my research paper.

Surakarta, 28 September 2020

The researcher,



Ardelia Davy Inggrita

A320160113

MOTTO

"If you do good, you do good for yourselves, and if you do evil, you do it to yourselves"

(Surah Al-Isra: 7)

“Success is when you can be useful to others”

(Author)

DEDICATION

I dedicate with all love and prayer this simple work for:

My beloved parents, Mr. Is Sukatno and Mrs. Sri Wahyuni, who have always supported me at all times until now, thank them so much.

My dear brother who is always there when I return to my beloved home.

For my bestfriends during college Endah, Dwi, Kun, Ririn, Ayu, Devi, Priva who accompanied me to study at this campus.

My boarding friend Alma who accompanied me from the beginning of college until now, also Dewi, Novita, Maya, Kurnia, Fara, Winda, Zahra, Intan, my boarding friend who helped me when I needed it.

And Wawan Saputra who is always there and gives support every day,

All of my friends everywhere, thank you for your help and friendship.

Thank you for everything

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Against all of them, there is no hope that the author can reply to it, only prayers and thanks to Allah SWT, hopefully giving good repayment to all. Amen.

Wassalamu'alaikum Warohmatullahi Wabarokatuh

Surakarta, 28 September 2020

The Researcher



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SUMMARY

ARDELIA DAVY INGGRITA. A320160113. **ANXIETY AS REFLECTED IN RAINBOW ROWELL'S *FANGIRL* NOVEL (2013): A PSYCHOANALYTIC APPROACH**. RESEARCH PAPER. FACULTY OF TEACHER TRAINING AND EDUCATION. MUHAMMADIYAH UNIVERSITY OF SURAKARTA.

This research discusses the anxiety experienced by Cath in Rainbow Rowell's *Fangirl* Novel (2013). This research was analyzed using A Psychoanalytic Approach proposed by Sigmund Freud. This research aims to analyze the indicators of anxiety, determine the dominant type of anxiety in the novel and reveal the reasons why Rainbow Rowell address anxiety in *Fangirl* novels. This type of research is descriptive qualitative. The data used are data from the novel, including sentences and paragraphs. The technique of collecting data is by reading repeatedly, taking notes, paying attention to important words, compiling data, selecting data, and drawing conclusions from novels. The data analysis technique used descriptive qualitative. The results showed that Cath experienced two indicators of anxiety, both somatic and psychological. Cath's type of anxiety is more dominant in realistic anxiety, Cath is worried about something real.

Keywords: anxiety, psychoanalytic, *Fangirl* novel

RINGKASAN

ARDELIA DAVY INGGRITA. A320160113. **ANXIETY AS REFLECTED IN RAINBOW ROWELL'S *FANGIRL* NOVEL (2013): A PSYCHOANALYTIC APPROACH**. RESEARCH PAPER. FACULTY OF TEACHER TRAINING AND EDUCATION. MUHAMMADIYAH UNIVERSITY OF SURAKARTA.

Penelitian ini membahas tentang kecemasan yang dialami Cath dalam Rainbow Rowell's *Fangirl* Novel (2013). Penelitian ini dianalisis dengan menggunakan A Psychoanalytic Approach yang dikemukakan oleh Sigmund Freud. Penelitian ini bertujuan untuk menganalisis indikator kecemasan, mengetahui jenis kecemasan yang dominan dalam novel dan mengungkap alasan mengapa Rainbow Rowell membahas kecemasan dalam novel *Fangirl*. Jenis penelitian yang digunakan adalah deskriptif kualitatif. Data yang digunakan adalah data dari novel, meliputi kalimat dan paragraf. Teknik pengumpulan data dengan membaca berulang kali, mencatat, memperhatikan kata-kata penting, menyusun data, memilih data, dan menarik kesimpulan dari novel. Teknik analisis data menggunakan deskriptif kualitatif. Hasil dari penelitian menunjukkan Cath mengalami dua indikator kecemasan baik itu somatik maupun psikologis. Tipe kecemasan Cath lebih dominan pada realistic anxiety Cath cemas pada sesuatu yang nyata.

Kata kunci: kecemasan, psikoanalitik, Novel *Fangirl*

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